

ST. PATRICK'S DAY CROSSWORD PUZZLE

Across

- capital of Ireland
- a type of Irish dance
- if you do not wear green on March 17 this will happen
- the day St. Patrick's Day falls on
- the national emblem of Ireland
- yellow and blue make _____
- from Ireland

Down

- the 3rd month of the year
- good fortune
- nonsense or misleading talk
- called the Emerald Isle
- a starchy vegetable
- a sprite
- 4 leaf _____

Palouse Country Assisted Living
503 S. Hilltop Ln.
Fairfield, WA. 99012

Palouse Country Assisted Living

S. Hilltop Ln., Fairfield, WA 99012
www.palousecountry.org (509)283-2232

Palouse Country Assisted Living Newsletter

February - March

Palouse Country's Silver Star: Tom Dashiell



Tom was born in 1919 to George and Annie Dashiell on his parents homestead in Mt. Hope, WA. He was the youngest of eight children. The land grant for Tom's family's homestead was signed by President Grover Cleveland in 1888. Tom attended grade school two miles south of the farm in Mt. Hope. Somedays he'd walk to school, other days they'd go on horse, and when weather permitted and no

muddy roads, they'd take their car. In high school, Tom traveled five miles into Rockford. After he graduated high school in 1937, Tom moved to Spokane and worked as a parts boy for Washington Machinery. While living in Spokane, two of his brother's remained on the homestead to farm. In 1939, his two brothers decided to quit farming and move in town to get 'real jobs.' When they did so, Tom decided to move back to the farm to take care of his parents as well as to run the family farm.

Tom was still farming the homestead when the United States entered WWII. He reported for the draft and was granted an agricultural deferment, since the U.S. needed food during the war. In 1945, at the end of WWII, Tom and a friend went to the Moran Prairie Grange in South Spokane area for a dance. They had both met a girl there, and once introduced, the friends realized they had fallen for sisters. Eventually, Tom and his friend both married the sisters. Tom married Ardis on December 5, 1945, and they had three children: Ross, Paul, Elaine. Tom and Ardis built a new house on the family farm, in 1958, where they raised their family.

During the time Tom ran the family farm, he started raising different kinds of forage grass in order to build up the soil, so it wouldn't erode so bad due to highly erodible lands (H.E.L.).

Board of Directors

President
Lynn Schafer

Vice President
Karl Felgenhauer

Secretary
Barbara Roecks

Treasurer
Jacqueline Tee

Board Members

Rusty McGuire
 David Ostheller
 Kevin Ottosen
 Betsy Pletscher
 Amanda LaShaw

Contacts:

Administrator
 Helda Fuchs
admin@fairfieldcare.org

Office Manager
 Donna Ochampaugh
office@fairfieldcare.org



To:

February

Don M. ~2/9

Charlotte B. ~2/12

Wilma R. ~2/22

March

Pat W. ~3/1

Ruth B. ~3/5

Marian H. ~3/20

And to Our Staff:

February

Randy P. ~2/2

Teresa H. ~2/7

Misty F. ~2/10

Chandra J. ~2/18

Jackie G. ~2/19

Rhonda V. ~2/27

March

Renee B. ~3/1

Tom R. ~3/10

Helda F. ~3/26

Silver Star Cont.

In the mid 1950's, Tom was awarded Spokane County's Conservation Farmer of the year. In 1955, Tom grew his first crop of Kentucky Bluegrass for Jackman Seed Co., and by 1972, Tom and several other prominent farmers in the area decided to clean their own seed and build a seed cleaning plant which ultimately wound up buying out Taft Seed Company in Setters, ID. In 2014, Tom's son, Paul, bought out their company, and to this day many pounds of Kentucky Bluegrass seeds are cleaned as well as millions of indigenous plants from the Pacific North West are grown in their greenhouses and sold thorough out the United States. Tom also produced pure bred Hereford cattle. For 52 years, Tom worked with Hereford bloodlines that greatly contributed to the Hereford industry, and eventually landed him in the American Hereford Association's Hall of Fame in 2010.

Tom and his wife were one of our first residents here after the facility reopened. He enjoys visits with family and friends, especially in the summer when he can sit outside and enjoy the sun. Tom also likes long drives around the Palouse to look at the farms.



Remember our monthly luncheon is every 3rd Friday of the Month! Our St. Patty's Day Luncheon will be on 3/15/19 at 12:30 p.m. Come enjoy a wonderful Irish inspired meal, and listen to Celtic music performed by harpist Kathlyn Kinney!



Harry & Eleanor Martin
Jessie Curtis



Irish Potato Pie

Ingredients:

3 eggs
2 cups half-n-half or light cream
2 cups mashed potatoes (whipped smooth w/ no lumps)
1 cup sugar
1 tsp vanilla extract
1/4 tsp salt
1 Tbs Irish whiskey, brandy, or sherry (optional)
1 unbaked 10-inch pie shell w/ high fluted edge
Freshly grated nutmeg
Toasted slivered almonds

Instructions:

Preheat oven to 350 degrees
In a mixing bowl, beat eggs slightly. Stir in the half-n-half, potatoes, sugar, vanilla, salt, and liquor (if using). Beat well until smooth. Cover the fluted edge of pie shell with aluminum foil to prevent overbrowning. Pour the filling into the shell and sprinkle with nutmeg. Place on the center rack of the oven and bake for 40 mins. Remove the foil and bake for 15 to 18 more mins or until an inserted toothpick comes out clean. Cool on a wire rack. Sprinkle Almonds around the outer edge and dust with additional nutmeg. Serve at room temperature: store in refrigerator.

Irish Limericks

The name "limerick" dates back to at least 531 AD, however the exact date of when the Irish City, Limerick, became associated with this verse form remains uncertain.

*There was an Old Man in a tree,
Who was horribly bored by a bee.
When they said "Does it buzz?"
He replied "Yes, it does!
It's a regular brute of a bee!"*
—Edward Lear

*A flea and a fly in a flue
Were imprisoned, so what could they do?
Said the fly, "let us flee!"
"Let us fly!" said the flea.
So they flew through a flaw in the flue.*
—Ogden Nash

January's Hero of the Month



Congrats, Trishia, for being awarded Hero of the Month for January. Trishia really helped out her team by picking up extra shifts when other staff were unable to make it in. She also makes sure the residents are well taken care of. Thank you, Trishia!

February's Hero of the Month



Congratulations to Misty for being chosen amongst her fellow colleagues for this award. Her hard work and phenomenal care for the residents are just a few of the reasons why everyone here at PCAL feel she deserves this award. Thank you, Misty, for everything you do!



Earl Bothman



March 20th will be the third and final supermoon of 2019. The March full moon also takes place on the spring equinox, which hasn't happened since March 20, 1981!

Another name for March spoken by the Anglo-Saxons was Hlyd monath which means stormy month or Hraed monath meaning Rugged month.

~'A dry March and a wet May fill barns and bays with corn and hay.'~

Palouse Country's Fundraising Campaign 2019

Donation Update!

PCAL would like to thank Daphne Chrysler, Nelson Knudson, and Coeur d'Alene Casino for donating towards our new Generator Project. We have a ways to go before we reach our goal of \$100,000, however their donations have given us an awesome start!

We also thank Larry Cargile for his generous Christmas gifts for all our staff. Every year, Larry goes above and beyond to make the staff at PCAL feel appreciated.

PCAL is incredibly grateful for the donation of the van from Ross Dashiell for our residents to use to make it to their doctors appointments and other necessary outings.



Above: Rhonda, Teresa, Helda, and Lynn pose with the donation check from Coeur d'Alene Casino presented during the Casino's Winter Blessing Luncheon last February. PCAL was awarded \$1,000 of the \$10,000 donated.



Below: PCAL's administrator, Helda, and the C.E.O. of Coeur d'Alene Casino, Francis SiJohn, smile for the camera for the Casino's luncheon.

