



November 2018

Palouse Country Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Manicures/Facials 11:30 Exercise/Ena 1:30 Bible Study 3:00 Bingo	2 9:30 Cooking 1:30 Exercise/Ena 1:30 Bible Study 3:00 Social/Music/Ione	3 9:30 Coffee/Visits 11:00 Football 3:00 Bingo 6:30 Lawrence Welk
4 Daylight Savings Fall Back 2:00 Rockford Methodist Church TV 28 Seahawks	5 AM Sensory Stim 11:30 Exercise/Ena 3:00 Reading/Lynn 6:00 Movie Time	6 9:45 Bible Study 10:30 Current Events/ Coffee 11:30 Exercise/Ena 3:00 Bingo	7 9:30 Crafts 11:30 Exercise/Ena 1:30 Sing-a-long 3:00 Astronaut Club 6:30 Bible Study/Pinochle	8 9:30 Manicures/Facials 11:30 Exercise/Ena 1:30 Garden Club 3:00 Bingo	9 9:30 Crafts 11:30 Exercise/Ena 1:30 Bible Study 3:00 Monthly Birthday Party	10 9:00 Veteran's Stories/ Coffee 2:30 Honoring Our Veterans Remembering Bert Wolfrum
11 Veterans Day 2:00 Latah Church Pastor Mark TV 28 Seahawks	12 AM Sensory Stim 11:30 Exercise/Ena 3:00 Reading/Lynn 6:00 Movie Time	13 9:45 Bible Study 10:30 Current Events/ Coffee 11:30 Exercise/Ena 3:00 Bingo	14 9:30 Crafts 10:45 Lunch/Gateway 1:30 Sing-a-long 3:00 Resident Council 6:30 Bible Study/Pinochle	15 9:30 Manicures/Facials 11:30 Exercise/Ena 2:30 This Is Your Life Earl Botham 94th Birthday	16 10:30 Short Stories/ Hot Chocolate 1:30 Bible Study 2:30 Christmas Tree Crafts	17 9:30 Coffee/Visits 11:00 Football 3:00 Bingo 6:30 Lawrence Welk
18 2:00 Fairfield Church Pastor Paul TV 28 Seahawks	19 AM Sensory Stim 11:30 Exercise/Ena 3:00 Reading/Lynn 6:00 Movie Time	20 9:45 Bible Study 10:30 Current Events/ Coffee 11:30 Exercise/Ena 3:00 Bingo	21 9:30 Crafts 11:30 Exercise/Ena 1:30 Sing-a-long 3:00 Astronaut Club 6:30 Bible Study/Pinochle	22 Happy Thanksgiving Macy's Day Parade Football	23 10:30 Short Stories/ Hot Cider 11:30 Exercise/Ena 3:00 This Is Your Life Charlotte Billow	24 9:30 Coffee/Visits 11:00 Football 3:00 Bingo 6:30 Lawrence Welk
25 2:00 Spangle Community Church TV 28 Seahawks	26 AM Sensory Stim 11:30 Exercise/Ena 3:00 Reading/Lynn 6:00 Movie Time	27 9:45 Bible Study 10:30 Current Events/ Coffee 11:30 Exercise/Ena 3:00 Bingo	28 9:30 Crafts 11:30 Exercise/Ena 1:30 Sing-a-long 3:00 Astronaut Club 6:30 Bible Study/Pinochle	29 9:30 Manicures/Facials 11:30 Exercise/Ena 1:30 Pampering/ 100 Wing 3:00 Bingo	30 10:30 Short Stories/ Hot Chocolate 11:30 Exercise/Ena 1:30 Bible Study 3:00 Christmas Movie/ Popcorn	